

What does it mean to live on purpose?

1. To live intentionally.
2. To discover purpose.
3. To live your dreams
4. To overcome barriers.
5. To make choices every day.
6. To notice miracles.
7. To live your values.
8. To see problems as opportunities.
9. To take charge of your thoughts.
10. To take charge of your daily life.
11. To be kind.
12. To leave a situation better than you found it.
13. To commit to action.
14. To do what you do with passion.
15. To discover that meaning is there.
16. To know that what you are looking for is inside you.
17. To be silent.
18. To pray.
19. To be your best self.
20. To laugh.
21. To love.
22. To believe in yourself.
23. To believe in others.
24. To believe.
25. To grow.
26. To accept.
27. To be grateful.
28. To renew.
29. To live your truth.
30. To choose.
31. To take responsibility for your life.
32. To become self-actualized.
33. To live with integrity.
34. To set examples for others.
35. To determine your success by your experience of peace, joy, love and gratitude.

JEANNIE INGRAM, M.A. L.P.C.
o 770.270.5488 c 404.444.1058

